

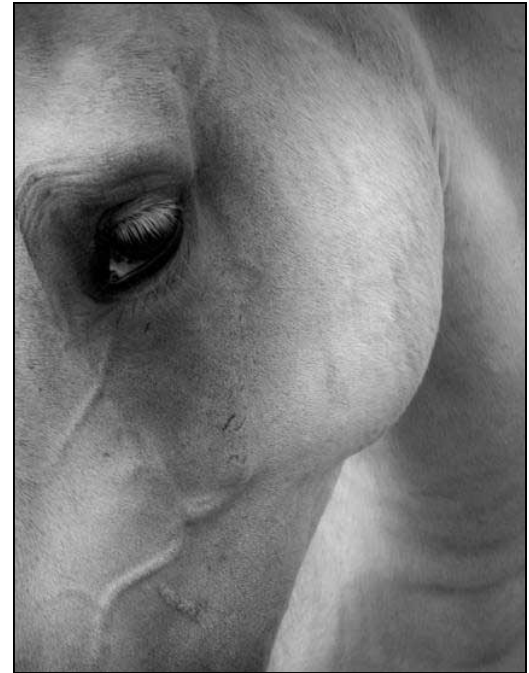
Contact Information and Pricing

Equestrian Center Manager Sheryl Jordan has facilitated this program for corporate management teams, men's and women's groups, inner-city students, families, and at-risk individuals. They have all learned the value of leadership, authenticity, communication, and healthy relationship-building skills with the horse as a key teaching partner. The fee for the Equine Connection program is \$50/hour for a private session and \$25/hour/person for a group session. The program is designed in 4-hour (minimum) and 8-hour (full day) sessions; however, it can be customized to your individual or group needs. For more information or to schedule your program, please contact Sheryl at 912-756-2239 or stables@fordplantation.com.



12511 Ford Avenue
Richmond Hill, GA 31324
912-756-2239 (Equestrian Center)
www.fordplantation.com

THE *Ford* PLANTATION



EQUINE CONNECTION PROGRAM

Horses and Humans... We all want the same thing: to trust and be trusted, to be treated with dignity and respect, and to experience unconditional love and appreciation.

Equine Connection

The Ford Plantation Equestrian Center is proud to offer “Equine Connection,” an innovative personal discovery program where participants explore their communication, relationship, and leadership styles through interactions with a horse. Created and developed by Equestrian Center Manager Sheryl Jordan more than 15 years ago, this program is available to everyone and does not require any previous horse-handling or riding experience.

This unique program offers individuals an opportunity to connect and interact with horses by learning how these animals communicate with us and interact with each other as a herd. Participants will recognize powerful parallels between the horse and human relationships.



Through ground-work and round-pen exercises, participants will learn how to relate to horses on many levels. Through this interaction, they will develop a deeper awareness of their communication, relationship, and leadership styles and skills.

By successfully achieving goals working with the horse in the round-pen, participants will be given effective communication and leadership tools to carry into other aspects of their lives. Bring an open mind and open heart to the program to maximize this opportunity.

Equine Connection Agenda

- Welcome & Introduction
- Overview of Program, Goals & Objectives, Safety Guidelines
- Notes, Quotes & Nuggets of Knowledge
- Meet the Horses and Select a Working Partner
- Grooming & Leading (Optional)
- Round-Pen Sessions
- Riding (Optional) Bareback and/or In the Saddle
- Journaling & Closing Notes

Leadership Development

Through the Equine Connection program, participants will develop the following skills: listen on a higher level, trust your intuition, use personal strength with humility, withhold judgment until a relationship has been developed, practice open-mindedness, be fully engaged in the moment, be aware of the power in your presence, recognize communication effectiveness and incongruence, balance pride with humility, direct and lead by trust versus intimidation, and fully realize the responsibility that comes with leadership.

Through interactions with the horse, you will find a higher level of authenticity and empowerment.



“Let nature be your teacher.” —William Wordsworth